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*Dear Shoonth Yoga Studio members,
We are introducing you to our infosheet of the past and upcoming events*

Yoga For Cause

Shoonth Yoga Center actively supports Charity Foundations and encourages its members to take part in these kind of charity events through various initiatives.

On May 22nd, 2014 Shoonth organized its second charity event "Yoga for Cause" which had an aim to help the victims of Kesabian War and the refugees settled in Latakia.

The encouragement of this kind of charity events does not only depend on your financial support but also on your active participation and involvement.





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Special Classes that took place during past months at Shoonch

- “Neck & Shoulders”, Shushan Hovhanisyan, Yerevan, Armenia
- “Weight Loss”, Lucy Martirosyan, Yerevan, Armenia
- “Happy Easter yoga class with Kids” Zarine Grigoryan, Yerevan, Armenia
- “Vinyasa Flow” Katia Janikyan, Moscow, Russia
- “The breath in yoga poses” Nanor Petrosyan, Yerevan, Armenia
- “Vinyasa Special Class”, Nara Mamikonyan, Boston, USA

Upcoming Events

- On September 6, at 15:00 will take place “Arm Balancing” special class led by Nari Malkhasyan from Boston
- On October 12 will take place another Charity event “Yoga for Cause” in Gyumri and the entire proceeds will be donated to “Armenian Bone Marrow Donor Registry(ABMDR) “
- From now on, a new CardioBarre class(first time in Armenia) will be introduced at Shoonch Yoga studioled by Lucy Martirosyan.
- On September 19 will take place a Special Event dedicated to Shoonch’s 7ths anniversary. Join us for the surprises and treats.



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